



AT-HOME SAFETY & EMERGENCY RESPONSE CHECKLIST

Because safety isn't just for the plant floor- it starts at your front door.



EMERGENCY READINESS CHECKLIST



Communication Plan

- ☐ Identify a household "Incident Commander" (the person who takes the lead in an emergency).
- ☐ Establish a family meeting spot (inside and outside your home).
- ☐ Share emergency contacts and store them in every family member's phone.
- ☐ Designate an out-of-town contact person everyone can check in with.



Evacuation & Shelter

- ☐ Know your home's exits—windows, doors, fire escape ladders.
- ☐ Locate the nearest shelter (school, community center, etc.).
- ☐ Identify safe rooms for tornadoes or severe storms (preferably windowless, low-level).



Medical & First Aid

- ☐ Fully stocked first aid kit (with bandages, antiseptic, gloves, etc.).
- ☐ Know CPR and basic first aid (consider local training).
- ☐ List of allergies, medications, and medical conditions for all household members.



Emergency Kit Essentials (a.k.a. your "Go Bag")

- ☐ Flashlights (and extra batteries)
- ☐ Non-perishable food (3-day supply)
- ☐ Water (1 gallon per person per day)
- ☐ Battery-powered or hand-crank radio
- ☐ Phone chargers or power banks
- ☐ Copies of important documents (ID, insurance, medical)
- ☐ Pet food, diapers, baby formula, etc. (if applicable)



EMERGENCY RESPONSE PLAN (HOME VERSION)

1. Assess the Situation

- What's happening? Fire? Weather? Medical emergency?
- Is it safer to evacuate or shelter in place?

2. Communicate

- Alert family members immediately.
- Call 911 if necessary.
- Notify your out-of-town emergency contact.

3. Take Action

- Evacuate using the pre-planned route.
- Bring the emergency kit and pets (if time allows).
- Go to the safe meeting spot or designated shelter.

4. After the Emergency

- Check in with everyone.
- Report to local authorities if needed.
- Begin recovery steps (insurance, repairs, emotional support).



GLC PRO TIP: *Practice Makes Perfect*

Do a "Skill Drill Saturday" once a quarter. Make it a family event—fire drills, first aid refreshers, or even a scavenger hunt for emergency kit items!